

Overview of seven years of human testing of HydraSonic™ water

HydraSonic™ water was created by a 21st century water processing technology developed by Commit to be Fit Inc. Starting in 2010 there was three years of beta testing conducted by Commit to be Fit Inc. There were over a hundred people who participated in the beta testing of the prototype and some of the video testimonials are on our website. The beta testers were from different types of backgrounds as some were athletic; some were professional athletes (NFL/NBA/MLB) as most were just regular people who were not exercising on a regular basis. The one's who provided the video testimonials were the last set of beta testers that were around at the end of this important 3 year private study. Each group participating were involved an average of 3 to 6 months as they were given 5 gallons per week of the beta version of **HydraSonic™** water to consume. Over time they provided many profound testimonials about how they felt consuming the prototype on a daily basis. There was one pregnant woman who had a unique experience with consuming the prototype during her full term and it's worth noting her feedback. To hear her personal video testimonial along with all the other beta testers; please visit the testimonials page on our website.

Here are a few of their personal feeling about how they felt: *Naturally boosted their energy levels * Enhanced detoxification * Improves digestion and bowel movements * Reduces incidence of dry skin * Supported their immune system and ability to heal * Better performance at sports * Felt less stressed * Reduced daily water intake * Better performance at work * Faster recovery from a hangover *Experienced no bloating or sloshing around in their stomach and was incredibly smooth to consume

Starting in 2014, our sister company Aqua Novo LLC conducted four years of human testing mainly on endurance athletes however there was a two year private study with Fletcher High School Athletic Dept. The coaching staff with Football, Basketball, Strength & Conditioning, Wrestling and Baseball observed the student athletes who consumed **HydraSonic™** water before, during and after their sporting events showed that drinking **HydraSonic™** water stopped the cramping during the games, they didn't experienced any bloating or sloshing around in their stomachs while playing and recovered faster. It was in the coach's opinion that drinking **HydraSonic™** water is a cutting-edge way for student Athletes to re-hydrate themselves during competition.

The four years of testing by Aqua Novo LLC and its staff with local endurance athletes generated many testimonials as they are posted on our Facebook/HydraSonicWater page and here are a few noted feedbacks from them: Naturally boosts energy levels* Better performance during endurance events* Incredibly soft and smooth taste* High solubility-the ability for products to dissolve* Improved their cellular hydration* Experienced no bloating/sloshing during their endurance events* Stopped cramping during endurance events* Faster recovery mixing **HydraSonic™** water with their post recovery supplements*

Starting in 2013 thru 2016 Aqua Novo LLC conducted three years of market research to establish a distributor, wholesale and retail value of **HydraSonic™** bottled water. Commit to be Fit Inc. was able to find a small private label bottler to create small batches of half liter sizes of **HydraSonic™** water. They were able to produce an average of 3 to 5 pallets of bottled water to ship to our local storage unit. Over the 3 years of market testing; Aqua Novo LLC was able to find 4 different health food stores who were locally owned to sell cases and single bottles of **HydraSonic™** water. The only external marketing that was done was through the various donations of **HydraSonic™** water to the many endurance events that Aqua Novo LLC was involved with. Once these athletes experienced the effects of drinking our water before, during and after these events; they were very interested in buying more water to use in their personal training routines and in other endurance events that they participate in all throughout the year. Here is the **most** interesting fact to note; the customers who purchased our unique water had the exact same experience that the original beta testers, high school athletes, strength and endurance athletes had; that drinking **HydraSonic™** was a pleasure to consume and the water revitalized their mind, body and spirit!

In addition; Aqua Novo LLC had extensive testing of potential contaminants in **HydraSonic™** water by using USEPA approved quality testing methodology and this included testing for: Total Coliform & E. Coli (Fecal) Bacteria, 55 Inorganic, Radiological and Physical properties such as Odor, Color, Conductivity, Total Dissolved Solids, Total Hardness, pH, Total Alkalinity, Salinity, Turbidity, Langelier/Corrosivity plus Inorganics, Radiologicals, Heavy and Secondary Metals including: Gross Beta, Alkalinity, Aluminum, Antimony, Arsenic, Beryllium, Barium, Boron, Bromine, Cadmium, Calcium, Cesium, Chloride, Chromium, Hexavalent

Chromium, Copper, Fluoride, Iodine, Iron, Lead, Manganese, Magnesium, Molybdenum, Mercury, Nickel, Nitrates, Potassium, Radium, Selenium, Silica, Silver, Sodium, Strontium, Sulfate, Thallium, Tin, Titanium, Tungsten, Uranium, Vanadium and Zinc. PLUS: Chlorinated Pesticides and PCB's, 86 Volatile Organic Compounds (VOC) plus 60 additional possible VOC's from a library search. You Find: Total THMS, TCE, and PCE; BTEX and MTBE for the coverage of Oil, Fuel, and Gasoline exposure, and Atrazine, Chloroform, and Benzene, and screen for Gasoline and Petroleum Hydrocarbons. It also included: Fluoride, Chloride, Sulphate, Methane, Ethane, pH, Total Coliform, E.coli Bacteria, Total Dissolved Solids, Total Hardness, VOCs, Alkalinity, Arsenic, Calcium, Conductivity, Aluminum, Barium, Cadmium, Chromium, Iron, Lead, Magnesium, Manganese, Molybdenum, Nitrates, Strontium, Turbidity, Trihalomethanes and Tetrachloroethylene that were tested.

The test results were very impressive as a total of 171 individual containments were tested. **HydraSonic™** water had only 4 compounds found and they were at the lowest measurable detectable level before they would be classified as non-detected. Also of interest **HydraSonic™** bottled water was found in this lab test report to be super-pure, pH balanced and non-corrosive as well!

To learn more about **HydraSonic™** water visit: www.drinkhydrasonicwater.com and to learn more about Commit to be Fit Inc. visit: www.committobefitforlife.com

Medical Health Claims – Disclaimer

We are often asked what **HydraSonic™** water will do for specific health conditions. As most of you are aware, there are very strict regulations in this country regarding making medical claims, and severe penalties for marketing products based on those claims. Our stance is quite simple on the subject: We do not claim to heal or cure any disease, neither by personal representation, nor through any company written materials.

*These statements have not been evaluated by the food and drug administration. This product is not intended to diagnose, treat, cure or prevent any disease